

# Mayflyer

April 2004

V33-I4

[www.donegaltu.org](http://www.donegaltu.org)

The Monthly Publication of



Next  
Monthly  
Meeting

## BACKCASTS

### Chapter Meeting Recap 3/17/04: by Scott Trefny

The monthly meeting of Donegal Trout Unlimited was held at the Quality Inn and Suites with 30 members and guests attending. Bob Wyble reported on exciting, up-coming events this spring and summer. Committee chairs also reported on the Conowingo Project, Tree Plantings, Youth Field Day, Fly Fishing Expo, Big Brothers-Big Sisters' Fishing Day and Special Olympics' Fishing Day. Stay up to day by checking the newsletter and the website for times to volunteer. It takes lots of hands to make DTU work and the young participants are so appreciative of your time and attention.

Our speaker for the evening was Carol Stevenson from Casting for Recovery. Carol and her husband Phil are both fly-fishing guides in the Washington DC area. They both introduced Fae Haering, one of our DTU members to the art of fly-fishing. Carol later found out that she had breast cancer. After treatment, she found that she could no longer cast a 5 weight rod where before 9 to 10 weight rods were easily handled. After she recovered and did some research, she discovered that the casting motion was the ticket for one of the problems that occur after surgery. A common practice to treat breast cancer is to remove a number of lymph nodes under the arm. This leads to a fluid build up in the tissue. In 1997, Dr. Dee Walton and fly fishing expert Lee Perkins from Orvis discovered that the motion of fly-casting is wonderful therapy for moving the lymphatic fluid out of the area. So, in 1996 Casting for Recovery was born. CFR is a national nonprofit support and educational program

Dedicated to conserving,  
protecting and restoring  
the trout streams and  
watersheds of  
Lancaster County

for women who have had breast cancer. CFR provides an opportunity for women whose lives have been affected to gather in a natural setting and learn a sport for life. It is also an opportunity to meet new friends and have fun.

The 2-½ day retreats offered by CFR take place in attractive lodges with nice facilities and incorporate counseling, educational services and the sport of fly fishing to promote mental and physical healing. They provide an avenue for social support and group interactions, reducing the feeling of isolation many survivors often have. The retreats are at no cost to the participants and include lodging, meals and professional instruction. Any woman who has experienced breast cancer is eligible to attend a retreat. Trained facilitators including a psychotherapist, a health care professional and four fly fishing instructors are present. The women learn tying, entomology, the use of equipment, how to cast on the water and catch fish. Catch and release fishing is practiced.

Retreats cost \$6,000 to \$8,000 and are funded by various organizations. Also, many people volunteer their time and skills for this innovative response. To find out more, contact:

Casting For Recovery

PO Box 1123

Manchester VT 05254

888-553-3500

Email – [info@castingforrecovery.org](mailto:info@castingforrecovery.org)

Website - [www.castingforrecovery.org](http://www.castingforrecovery.org)

**Wednesday**  
**April 21<sup>st</sup>**  
**7 PM**

**Quality Inn**  
2363 Oregon Pike  
Lancaster

**Program**  
"Bighorn River  
Fly Fishing"  
by  
Marc Billett

Upcoming  
Chapter  
Activities

**Big Brothers**  
**Big Sisters**  
**Fishing**  
**Derby**

**Friday**  
**April 30<sup>th</sup>**  
**6:00 PM**

**Spring Trout**  
**Fish Farm**  
**New Holland**



# WHAT'S EMERGING!

## President's Report:

by **Bob Wyble**

I am pleased to announce that DTU received a **Watershed Excellence Award** from the **Lancaster County Conservation District** at Yoder's Restaurant in New Holland on March 18. **Matt Kofroth** wearing his Conservation District hat reviewed all the work DTU has done in Lancaster County. He started out with a brief out line of the history of DTU, then showed pictures of work completed on **Donegal Creek, Lititz Run, Seglock Run, Octoraro Creek, Hammer Creek and Swarr's Run**. He included slides of projects on **wetlands, trees planted in riparian zones** and the **tree nursery at Millport**. He included slides of the **Big Brother/Sister program** and **Youth Field Day**. Of course Matt didn't forget fishing and included shots of **Ted Downs** with a big striper, **Gary Roulston** with his big steelie, **Bob Kutz** at the **Drive In** on the **Big Horn** and **Henry Bazella** with a good cigar in Montana. **Ken DePoe** was also present at the banquet in New Holland and was recognized for starting DTU in 1967. Board members **Jim Stephens, Bill Billett** and **Bob Wyble** accepted the award on behalf of Donegal TU.

Get ready for another step in shad migration in Lancaster County. Donegal TU has agreed to work with the Fish Commission and has received a grant for \$50,000 to design a fish passage at the Iron Stone Mill Dam on the Conestoga River near Brownstown. Money for the grant is from the National Fish and Wildlife Foundation. Shad migration is a top priority for NFWF. This money will be used to design the fish passage way. More grant money will then be required to actually build the passageway. One more dam between Brownstown and Hinkletown needs to be removed and shad will then have another 25 miles open for migration.

**Dan Zimmerman**, manager of Warwick Township, organized a clean up day for Lititz Run on Saturday, March 20. Our DTU maintenance supervisors **Jim Bushong, Tom Care, Jim Hovan** and **Bob Good** were section leaders for the Wayne Baum Farm, Millport Conservancy, and the Luke Weidler Farm. Tom Care brought approximately 20 students from Conestoga Valley to work on clean up projects at Millport. Glen Nephin drafted some of the volunteers to work on the nursery. Greg Wilson worked with a scout troop to plant trees on the Newport Square project. Dan Zimmerman worked with a clean up detail on the Wynfield tract north of 501. Matt Kofroth took a gang from the gatehouse in Lititz to clean up Lititz Run in town. Another group of volunteers planted trees in Riparian Park. A group of girls from Linden Hall picked up trash along Millport road. I would estimate approximately 100 volunteers showed up for this clean up project on Lititz Run.

Don't forget to mark your calendar for the **Big Brother/Big Sister Fishing Derby** at Spring Trout Fish Farm south of New Holland on Friday evening, **April 30<sup>th</sup>** and the **Lancaster County Youth Field Day** at the Northern Lancaster County Sportsman's Association on Saturday, **June 5**. If you would like to help with the Big Brother/Big Sister Fishing Derby please contact **Dave Chalfant** (859-2906) for details.

## June Chapter Meeting

by **Gary Roulston**

We will begin our summer picnic series of Chapter Meetings in June with our annual joint meeting with the Doc Fritchey Chapter. This is their year to host the meeting. The location is still to be determined. The date will be **Tuesday**, June 22, beginning at 6 PM.

## Officers

### President

**Bob Wyble**

986 Hammon Ave.

Ephrata, 17522

733-4939 (Home)

wyble@ptd.net

### Vice President

**Jim Stephens**

27 Ashland Dr.

Ephrata, 17522

859-2987 (Home)

jescas@paonline.com

### Secretary

**Scott Trefny**

26 Whitcraft Drive

Lititz, 17543

626-4512 (Home)

snjtrefny@dejazzd.com

### Treasurer

**Wayne Boggs**

20 Apple Drive

Downingtown, PA 19335

610-942-4931 (Home)

bluedun@comcast.net



# COMMITTEE REPORTS



## Program Committee

**Chairman:** Ted Downs

The program for April will be “**Fly Fishing on Montana’s Bighorn River**” presented by **Marc Billett** (Bill’s brother). Marc brings over 30 years of fly-fishing and fly tying experience to the program. He is a FFF (Federation of Fly Fishers) certified casting instructor and has taught fly-casting for notable rod companies such as Sage, and has put on fly casting demonstrations across the United States. This past year, Marc and Bill captured third place in the Northeast Regional Fly Fishing Masters competition, produced by the Outdoor Life Network. A native of North Central PA, Marc has fished most of the prime waters of the East and West. Marc resides in Latrobe, PA with his wife Lynda, where he teaches high school health and physical education and is the head wrestling coach.

## Membership Committee Report

**Chairman:** Bill Billett

As of the end of February, our total chapter membership is 510 with the addition of the following new members: **Richard Hill** from Washington Boro; **Peter Vogle Jr., Julie Lee, John McLain, John Mikita,** and **Robert Kneppen** from Lancaster; **Harry Scheidle, Michael Purdue,** and **Robert Van Dask** from Lititz; and **Fred Morgan** from Terre Hill.

We welcome all of the new members to the Donegal Chapter, one of the most active chapters in the state. We'd love to have you get involved in our chapter's activities this year. An easy way to start is by attending a monthly chapter meeting and introducing yourself as a new member to the door host when you arrive. He'll be able to introduce you to other chapter members and committee chairs with similar interests.

The rest of us should be sure to pick up a few of our new chapter pamphlets and hook us up with a few additional new members with the start of the 2004 fishing season. **OUR GOAL FOR 2004 IS 600+ CHAPTER MEMBERS.** So get out there and cast

a few lines in the direction of those who would help the TU cause in Lancaster County.

## Nursery Committee Report

**Chairman:** Kevin Fausey

DTU members have not seen a report in the Mayflyer from me for a while. You know what that means? Yes, Spring is here! Our new shipment of bare root tree and shrub seedlings arrived in my driveway March 17<sup>th</sup> (all 4,850 of them) After some research, I ordered a new leaf compost potting mix/ growing medium this year. All 23 tons were delivered on March 15<sup>th</sup> (no, fortunately not in my driveway). I'm looking for great production from this new product (good growth of the seedlings and less growth of weeds). I'm also looking forward to another great year from everyone at DTU this year. Whether volunteering at Lancaster County's Youth Field Day, Big Brothers/Big Sisters fishing derby, working at the nursery, enjoying our annual spring banquet or fishing with fellow DTU'ers, every year I meet more dedicated people and enjoy every experience. At the same time, I know we are helping the environment and educating people in our community. This is our second year for the nursery committee. The first year was a learning experience for us all. Things went well but we are always looking to upgrade the system. If you would like to get involved with this aspect of DTU give me a call.

## Education Committee Report

**Chairman:** Dave Chalfant

We are planning to hold the annual **Big Brothers / Big Sisters Fishing Derby** on **Friday April 30<sup>th</sup> at 6 PM**. We need Donegal TU volunteers to help with this event. We will hold the fishing derby at Jim Martin's Spring Trout Fish Farm which is about 1 mile south of New Holland. Please mark your calendars for this date. It is a lot of fun for the kids and for the volunteers. Please contact me at 859-2906 or at [chalfant@dejazzd.com](mailto:chalfant@dejazzd.com) if you'd like to get involved and help.

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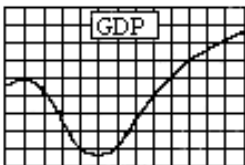
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### Fly Of The Month

“Tak's Thread Body Baetis”

Submitted by Rick Takahashi



#### Description

This is a very easy-to-tie, effective dry fly that has worked for me during Spring Baetis hatches year after year. The thread body speeds the tying process, creates a very durable fly (compared to quill bodies), and allows me to build a very slim, tapered body. The black wing makes it easier to see the fly on the water on dark, overcast afternoons. For sunny days, I use this patterns with a dun poly yarn wing.

#### Recipe:

**HOOK:** Tiemco 100, 5210, or 900BL, #18-#24

**THREAD:** Olive dun 8/0.

**TAIL:** Micro Fibetts, split.

**BODY:** Tying thread.

**WING:** Black Magic Wing Fibers or dun poly yarn.



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# WHAT'S NEW AT:

## Lancaster County Conservation District:

by **Matthew Kofroth**

With Spring here and Summer right around the corner I thought it might be helpful to fill you in with what the local watershed associations of Lancaster County have planned for the coming months. Take notice of the variety of projects and feel free to help where you can.

### Chiques Creek Watershed Alliance ([www.raphotownship.com](http://www.raphotownship.com))

The Chiques group is anxiously waiting for warmer weather to arrive so the group can start its stream monitoring program. Volunteers over the past year have been learning how to monitor stream ecosystem for bugs and chemical parameters. They are now ready to go out and put their training to work. The group will be monitoring several sites in the watershed on a monthly basis. They are always looking for new volunteers to assist in the program and would love to have you join them. The information gathered will be used to assess the overall water quality of the watershed.

### Cocalico Creek Watershed Association

Although the Cocalico group is one of the newest watershed groups in the county they are wasting no time establishing a name for themselves. Over the cold winter months the group created a membership brochure and newsletter to keep local residents up-to-date on what the group has been up to. The organization is currently looking for new members throughout the watershed. And on May 10<sup>th</sup> the group is planning yet another stream cleanup activity for the Cocalico. The cleanup will start at 4pm on 4<sup>th</sup> Street in Denver and work its way downstream. If you are free that day stop out!

### Donegal Fish & Conservation Association

Don't forget the DFCA annual Fishing Derby, held this year on April 24<sup>th</sup>. The event is a great event for young and old and is a great fundraiser for the group. If you have a young fisherman in your family and are looking for a great Spring event to participate in, this is it.

### Lititz Run Watershed Alliance ([www.warwicktownship.org](http://www.warwicktownship.org))

The highly successful Warwick Watershed Day will once again be sponsored by LRWA on May 11<sup>th</sup>. If you have never been a part of this event you are missing a real educational gem. The event takes all the 5<sup>th</sup> grade students in the Warwick School District out to several outdoor classrooms throughout the Lititz Run Watershed. At each site the kids are taught about a host of items ranging from macroinvertebrates, wetlands, tree plantings, fish, endangered wildlife, bird rehabilitation, and many more fun activities. Stop by and see what all the excitement is about.

### Little Chiques Creek Watershed Association ([www.littlechiqueswatershed.com](http://www.littlechiqueswatershed.com))

Another new group wasting no time is the Little Chiques Creek Watershed Association. The group has already conducted several stream cleanup events last year and is starting to plan several cleanups for this year. The group has been mainly focusing in on the Little Chiques around Mt. Joy but will be expanding their efforts in the near future. Check your local papers for the next cleanup in the watershed.

### Tri-County Conewago Creek Association ([www.conewagocreek.org](http://www.conewagocreek.org))

The Conewago group is once again holding its annual Watershed Snapshot event on May 8<sup>th</sup>. This event gathers community members throughout the watershed and promotes watershed awareness. The group usually picks one or two locations in the watershed to monitor on this day. They look at the aquatic life of the stream from bugs and fish, to chemical aspects, to even wildlife in and around the stream corridor. The event is a great family activity and really stresses the importance of watershed awareness to young and old. Come out and learn about the Conewago and its many treasures.

### New uniform patch created for Warwick Twp. Police *Excerpt from Lititz Record Express*

The Warwick Township Police Department officers will soon be wearing a new patch on their uniforms. The new patch clearly identifies the police department and the service of the agency. Pictured on the patch, encompassed by the Commonwealth's signature Keystone logo, is a replica of the majestic wading North American bird, the Great Blue Heron. The largest of the American Herons, with up to a six-foot wingspan, it lives in swamps, marshes, shores, and tide flats. It is considered the most well known and most widespread heron in the continent. It can live up to 17 years.

The bird is common to North America and can be seen in the wetland areas of Warwick Township. The bird was chosen for the patch because of the township's association and commitments to watershed projects. Warwick Township has been nationally recognized for its joint efforts in major stream and watershed projects, including the preservation of area wetlands. The Great Blue Heron, or *Andea herodias*, is a protected species under the Migratory Bird Treaty Act.

"Much like our community is committed to the preservation and construction of our wetlands," said Police Chief Richard Garipoli, "the Warwick Township police department is committed to our community. The Great Blue Heron is a symbol of that commitment."

# 3 Month Chapter Planner

## Board Members

**Henry Bazella**

626-1911 (Home)  
henry.bazella@cnh.com

**Dr. Joseph Besecker**

392-8725 (Home)  
poppydoc10@aol.com

**Bill Billett**

733-2940 (Home)  
bbillett@ptd.net

**Dan Brandt**

664-2332 (Home)  
dnkbrandt@dejazzd.com

**Dave Chalfant**

859-2906 (Home)  
chalfant@dejazzd.com

**Ted Downs**

393-6645 (Home)  
tdowns30@comcast.net

**Kevin Fausey**

626-4003 (Home)  
erbbros@desupernet.net

**Bob Habig**

285-7529 (Home)  
rfhfnsv@comcast.net

**Matt Kofroth**

299-5361 (Work)  
matt-kofroth@pa.nacdn.net

**Bob Kutz**

394-9959 (Home)  
b.kutz@comcast.net

**Dee Lehman**

397-8503 (Home)  
deilehman@state.pa.us

**Gary Roulston**

560-7723 (Home)  
groulston@comcast.net

**Greg Wilson**

627-0419 (Home)  
grgwilson4@aol.com

<u>Month</u>	<u>Event</u>	<u>Date &amp; Time</u>	<u>Place</u>	<u>Subject</u>
<b>April</b>	Board Meeting	Wed. 4/14 -7:00 PM	Millport Conservancy	Normal meeting
	<b>Chapter Meeting</b>	Wed. 4/21-7:00 PM	Quality Inn & Suites Oregon Pike	Marc Billett "Bighorn River Fly Fishing"
	<b>Big Brothers Big Sisters Fishing Derby</b>	<b>Fri. 4/30-6:00 PM</b>	Spring Trout Fish Farm New Holland	Help to Teach Kids to Fish for Trout
<b>May</b>	Board Meeting	Wed. 5/12 -7:00 PM	Millport Conservancy	Normal Meeting
	<b>Chapter Meeting</b>	Wed. 5/19-7:00 PM	Quality Inn & Suites Oregon Pike	Paul Ptalis "Tying Salmon Flies"
<b>June</b>	Lancaster County Youth Field Day	Sat. 6/5 -8:00 AM	Northern Lancaster County Sportsmen	Educate Lancaster County Youth On Fly Fishing
	Board Meeting	Wed. 6/9 -7:00 PM	Millport Conservancy	Normal Meeting
	<b>Chapter Meeting</b>	<b><u>Tues. 6/22-6:00 PM</u></b>	To Be Determined	<b>Joint Chapter Meeting Picnic with the Doc Fritchey Chapter</b>

## More Stories From The Madison

*(Continued from page 8)*

the good things I'd done, then held my breath. Denied the right to go out, the fish went up and up and up. I was impressed. I glanced around to see if anyone else was witness to this historic event. Unfortunately, Dale was someplace else on the river and Eddie and John hadn't returned from Hebgen. However, there was another fisherman right across the river from me and he was watching the battle closely. I'm not sure who he was rooting for. Steady pressure on the fish eventually wore it down, and I worked it in to where I could lay it across the top of my net and measure it. It was a beautiful, 23-inch, hook-nosed 'Bow. The biggest Trout I'd ever caught. My forceps slipped into the fish's mouth, removed the tiny caddis, and the Rainbow left a lot quicker than it had arrived. I just stood there in the river for a few minutes feeling really good about everything. Then I eased another cast into the pool. On that very next cast, the Palomino came to an unscheduled stop and I was fast to the second biggest Trout I'd ever caught, a 21-inch Brown. God Bless the **Madison** and **The Blue Ribbon Fly Shop** for saying "Don't be afraid to stay after dark." When Eddie and John returned from Hebgen, fishless, Dale and I reminded them of that advice. *(to be continued)*



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Mayflyer

## More Stories From The Madison

by DTU Member Don Shaw

**All** day I'd been eyeing one section of the river where brush and small bushes hung out over the water. Cow-size boulders stood guard over the best pools. It was "the grass is always greener" syndrome, because it was a tough place to fish; and it didn't look like it was getting any pressure. First, you had to fight your way through the bushes and small trees to find a place to enter the river; then you had to figure out how to wade around head-high boulders without stepping into neck-high holes. After following my rod through the brush and extricating my net from a tree branch, I stepped into the water, gently. I inched out until I was about six feet from the bank in three feet of water. Then I waded carefully upstream and positioned myself directly behind a chest-high boulder. There was a pocket-size pool about twenty feet wide and fifteen feet long on the upstream side of the rock. The

middle of the river and the fast water were on my right, so my back cast was over water. I crouched behind the boulder, worked line out, being careful to keep my false casts away from the pool. Then, I dropped the caddis right where the flow entered the pool. As the fly sank from sight, I saw a flash in the water. I lifted the rod and was into a fish. It made two powerful runs the length of the pool, and then went ballistic. A Rainbow, easily the biggest Trout I'd ever hooked, was tail walking around the pool. The fish made a run for the middle of the river. That scared me, because I knew it was gone if it reached the fast water. There was no way I'd be able to follow it down stream. I decided I'd try to keep the Trout out of the fast water. If I lost it, I'd lose it in the pool. The fish and I were on the opposite ends of a 6X tippet, but I tightened down on my drag, reminded God of all

*(Continued on page 7)*